

Postural Care: How to Minimise the Risk of Pressure Ulcers and Manage Contractures

Symmetrikit Postural Care have been providing Market Leading Accredited Training and Innovations for over 20 years.

This On-Line Training Course is for **Qualified Health Professionals** and will look at how Postural Care can help to Minimise Pressure Ulcers and Manage Contractures. There are 6 x 1 Hour Modules that will cover:

- The Concept of Postural Care
- Pressure and Microclimate
- Contractures and Paratonia
- Postural Care Practical: Solutions for the Lying Position
- Postural Care Practical: Solutions for the Seated Position
- Course Review and Case Studies

Each Module is Pre-Recorded and lasts approximately 30-40 minutes. However, there will be a LIVE Q&A Session at the end of each module with Rosie Bartlett MCSP SRP and an Experienced Symmetrikit Postural Care Advisor: Please allow ONE HOUR for each Module.

All Theory Modules are using Slides/Research/Training Material from our recently RCOT Approved Learning Accredited 24 Hour Postural Care Course.

PLACES ARE LIMITED TO ALLOW FOR LIVE INTERACTION FOLLOWING EACH MODULE

Important Notes:

The Pre-Recorded Practical Modules are a demonstration of Symmetrikit Postural Care Solutions relevant to the Course Theoretical content. However, a LIVE Q&A Session, following the module, will include the opportunity, technology allowing, to answer further questions and show practical solutions specific to Attendees requests.

An Electronic Handout will be available to all Attendees following completion of the course.

RCOT Approved Learning Certificates will be sent to all Attendees who participate in ALL Modules.

Royal College of
Occupational
Therapists



✓ Approved Learning Award

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