

# Chest Measurement Record Sheet

Name of therapist \_\_\_\_\_

Name of client \_\_\_\_\_

Date of birth \_\_\_\_\_

## Instructions

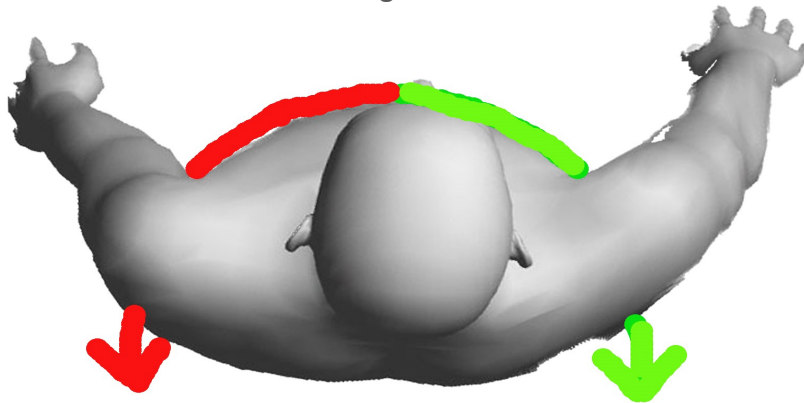
Using the tape measure supplied, place "0" in the centre of the sternum.

Hold the tape in place with a finger.

In turn, take each end of the tape around the end user to the supporting surface.

Where the tape measure touches the supporting surface, record the dimension.

Measure each side in turn and record left and right sided details below.



Date	Clients Left Side (cm)	Clients Right Side (cm)	Difference (cm)



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