



**PRIMO**  
*My First Positioning System*

**SYMMETRIKIT**  
*POSTURAL CARE*

 a division of The Helping Hand Company



It's never too soon to start:

### Introducing Early Years Positioning

Although we have been designing, manufacturing and supplying market leading postural care products for over 20 years, for the first time, with the introduction of Primo, the specific needs of 0-3 year olds are now being catered for.

Early Intervention Teams have been supporting families by teaching to position and handle their young child, in positive stimulation, sensory and play. Primo now offers a solution for day and night time positioning in lying.

### Why supported lying?

In your Early Years learning to lie straight against the effects of gravity can be challenging. If you can be supported in a Symmetrical lying position and learn to lie straight, day time can be so much more fun. Postural Care has become more widely accepted as a route to better positioning, easier manual handling, improved ability to function, therapy and play.

### Successful outcomes

We work closely as a team with Therapists, Families and Infants, successfully providing our Symmetrisleep® systems. With a long history of supplying our simple in bed support systems we are in contact daily with people who are showing improvements in comfort, body shape, range of movement and reduced tone.

\* Please seek guidance on positioning and using your Primo from the Qualified Health Professional who has prescribed your Primo System.



### Where can I use my Primo?

Symmetrisleep® Primo can be used in an existing cot, crib, carry cot or even on the floor for day time therapy and play\*





## Simple

Primo is simple and easy to use – unzip the carry bag and you're ready to go. You can use it on any flat surface where there is no risk of falling\*. Simply lay your child on the built in Temperature Regulating top sheet and start using:

## Comfortable

We have used our unique Temperature Regulating Technology, CoolOver, and Pressure Relieving materials to ensure the 'Baby Soft' Primo is so comfortable for the young infant.

## Portable

The Primo is Compact, Light and comes in an 'All in One' Carry bag. You can take it anywhere.

## Hygienic

The 'Baby Soft' Primo is easy to keep clean. All fabrics are machine washable and can be cool dried. The base unit, cushions and wedges are wipe clean.

## Safe

### **Flammability, Breathability, Hardness and Airflow**

Complies with Furniture and Furnishings (FIRE SAFETY) regulations 2010.  
Complies with EN597-2, BS1877-8 1974, BS7177, BS6807 and BS4578.

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## Primo and Temperature Regulation

If skin temperature starts to rise, tiny capsules in our Coolover TR3 top sheets start to absorb heat, cooling baby down; if their skin temperature starts to fall too far, heat will be released back to baby, offering active temperature regulation.

If your baby still sweats at normal temperature, our special weave pulls moisture away from their skin and disperses it to promote evaporation– this superior wicking helps to keep their skin dry for maximum comfort.

## What is in the Bag?

Primo starts with a bag that unfolds to form a base mattress. This can be secured to a cot or bed with the securing straps supplied. Attached to the top face of the mattress is a Velcro sheet and on top of that is your Coolover TR3 sheet.

Various soft supports are supplied in the bag. These can be added or removed when your baby is lying on the system to mould to the desired position offering soft and stable support without being restrictive.

As the supports are held in place by the Velcro they don't drift out of position and you don't need to reposition them until you actually want to, so reducing disturbances..





## Continuity - Evolution into Symmetrisleep

### Testimonial:

*My son, Jason, is now nearly 19 years old and I have been using the Symmetrikit Sleep System for him since 2000. The sleep system has been the one piece of postural equipment that we have been able to use for him whether he is settled or distressed, well or unwell. I can honestly say that the Symmetrikit Sleep System has been the best piece of postural equipment that we have ever had for Jason, without exception.*

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**SAME DAY** despatch available

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