

**NEW**

**SYMMETRIKIT**

# **SYMMMSLYDE**<sup>®</sup>

*Single carer system - slides, turns  
and maintains position*



**SYMMETRIKIT**  
**POSTURAL CARE**

Symmetrikit is a division of The Helping Hand Company, Ledbury Limited





**Symmslide®** is the **ONLY** slide sheet and positioning **system that**

**works as one**

**Symmslide® makes it easy to both achieve and maintain a comfortable supported position.**

Sustained Side lying, supine, prone or semi-side lying positions are all possible so reducing the need to constantly re-position. It can even be used by those who need to sit up in bed.

This combined approach really does lighten the load and reduces the effort needed to position your client.

## Slide

Either a single carer working with a hoist or with 2 carers. One either side. Start by using the built in slide sheet to move across.



## ...Roll

Raising the hoist or using the built-in straps to do a "log roll" allows the Symmetrisleep® supporting brackets to be put in place. The slide sheet is automatically disabled.



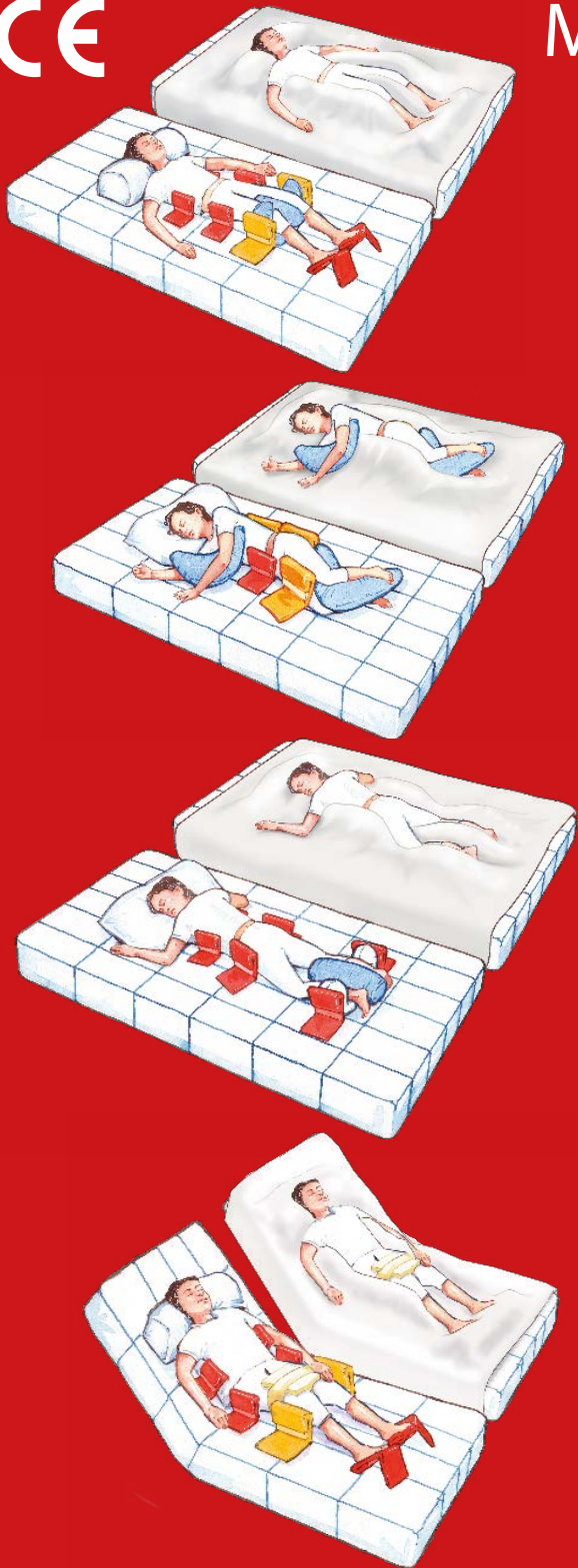
## ...Position

Further Symmetrisleep® elements can be quickly added so that your client can be comfortably and securely supported in side lying either for sleep or super efficient hygiene changes. Moving back in to semi side lying or supine lying can easily be done by one carer without the hoist.





# CE



## Maintaining Your Position

Once Symmslyde® has got you to where you want to be, then Symmetrisleep® components are added to help to keep you there. Lifting the combined top sheet and overmantle allows the Symmetrisleep® brackets to lock onto the Velcro sheet below and at the same time disable the built in slide sheet.

Fitting the brackets is easy & intuitive with no fiddling about. Some carers prefer to fit them when the user has fallen asleep.

Experience shows that even when away from home, staff quickly take instruction from parents on how to use the system successfully.

Remember - you can use Symmetrisleep® by day as well as at night. If only used for 2 hours daily, that's 730 hours of progressive passive stretch therapy per year. If used for the whole night, that's about 3000 hours at a time when the body is relaxed & most receptive.

**What's underneath?** Systems shown with and without Slide Sheet Overmantle and top sheet.

For further details and instructions visit [www.Position2Relax.com](http://www.Position2Relax.com).

Patent Pending



**Contact us**

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