

Patent Pending

CoolOver®, Symmetrisleep®, Omnitherm® and Symmslyde®

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Postural Care Positioning & Re-Positioning System . . .
. . . . Taking the strain out of patient handling

User Instructions

Using your Symmslyde system can protect your back, enhance user comfort and reduce the need to constantly reposition. Please read these instructions carefully.

- **Please use the system in accordance with local moving and handling guidelines. Use bed rails as instructed.**
- **If you are not familiar with Symmetrisleep positioning, use the positioning elements as agreed with a competent individual.**
- **Ensure that a risk analysis has been carried out.**
- **You do not need to use a bed sheet with this system.**



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Getting Started

Identifying typical components:



Receptor Sheet & Slide Tube

A Velcro like sheet with a tubular panel of slide material attached together with Velcro.

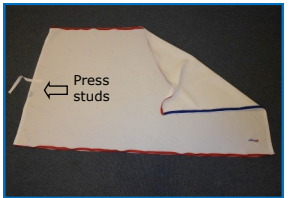
SA8000S & SA9020



Symmslyde Airmantle

Airmantle Core to aid temperature regulation with wipe clean removable cover. Straps sewn to underside. Retaining strap on underside towards head end.

SA9010



CoolOver® Airmantle Top Sheet

Embroidered logo is top surface. Press studs at top end, zip fixings down sides.

SA9060



Retaining Strap

Supplied with SA9010 Symmslyde Airmantle.

SA9030



Clip fixing adaptor straps

To work on hoists with fixed pin attachment points. Supplied as a pair.

SA9070

Cleaning and caring for your Symmslyde

Receptor Sheet

Wash at 75°C (165°F)

DO NOT Tumble Dry

Do Not use Bleach

DO NOT Iron

DO NOT wash with strong colours



Red Slide Tube & Retainer Strap

WASH SEPARATELY. Detach from Receptor Sheet.

Wash with mild detergents at 75°C (165°F).

Tumble Dry or Air dry.

DO NOT Iron.

DO NOT Dry Clean.



CoolOver® Top Sheet

Detach from Airmantle.

Wash with mild detergents at 75°C (165°F).

Tumble Dry or Air dry.

DO NOT Wash with Dark colours.

DO NOT Iron.

DO NOT Dry Clean.

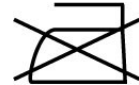


Airmantle Cover

Wipe Clean with a soft cloth moistened with water and mild detergent or no more than 1,000ppm bleach solution.

Can be machine washed.

DO NOT TUMBLE DRY



Airmantle Padded Core

Can be machine washed .

DO NOT Dry Clean

DO NOT Spin.

DO NOT TUMBLE DRY.





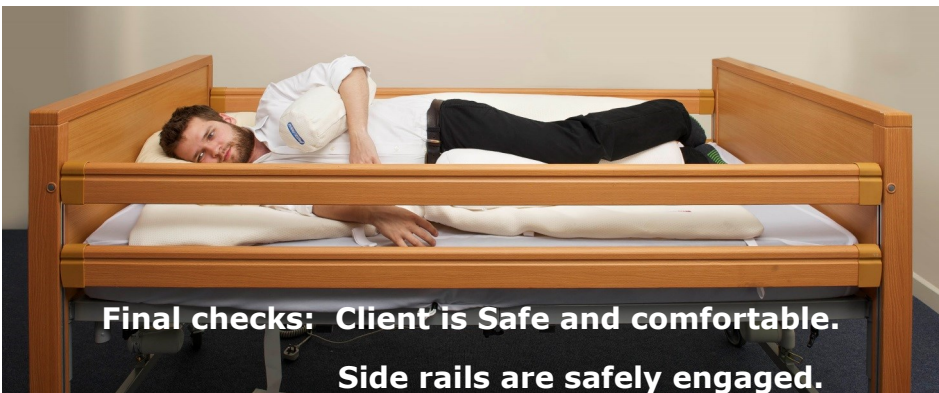
Whilst the client is still supported, add brackets as required.

Raise bed rails to ensure safety.

Working from the hoist side, add further supports as required.

Lower and disconnect the hoist and tuck the Airmantle over the brackets.

Using an Overhead Hoist—Position the overhead rail so that it runs ACROSS the bed. Position the cassette directly over the edge of the Airmantle that you will be lifting. Then follow the same procedure as for the Mobile Hoist.



Final checks: Client is Safe and comfortable.

Side rails are safely engaged.



Symmslyde Storage Bag

Will hold a complete Airmantle plus 2 CoolOver® top sheets and several Velcro sheets.

SA9080



Positioning aids—ordered separately

Symmetrisleep brackets, pads and cushions.

Part codes on request

Please Note:

It is not necessary to use a separate sheet with the Symmslyde system. The CoolOver® Airmantle Topsheet is attached with zips, enabling it to be easily removed for washing.

- Blue markers indicate the foot end of the bed on the main components for quick changeover identification.
- Colours may vary from those illustrated.
- The head end is indicated by a label 'HEAD'.

Fitting Symmslyde

Step 1 - Setting Up



Fit the Receptor sheet to the mattress. Tighten the pull cord with a side to side action and fit the optional Velcro straps on the underside of the mattress if required, to secure the sheet centrally and keep it taut.

Attach the slide tube with the Velcro strip down the centre of the bed. It is easier if you unfold the Slide Tube as you go to keep the Velcro smooth.



Receptor sheet

Turning with a Mobile Hoist

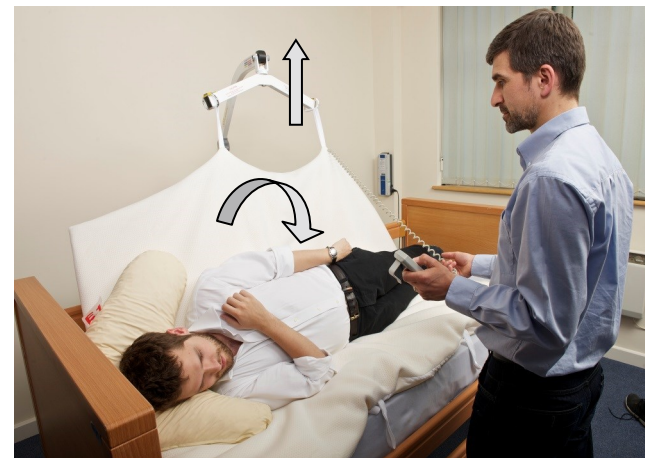
When using a hoist, use only 2 straps at a time. Do not use the Airmantle as a lifting sling, only for turning.



Stand opposite the hoist to prevent falling.

Gently raise the hoist mast to initiate the LIFT and ROLL.

When the client is nearly in a side lying position, you can easily use the slide function to reposition your client in the centre of the bed.



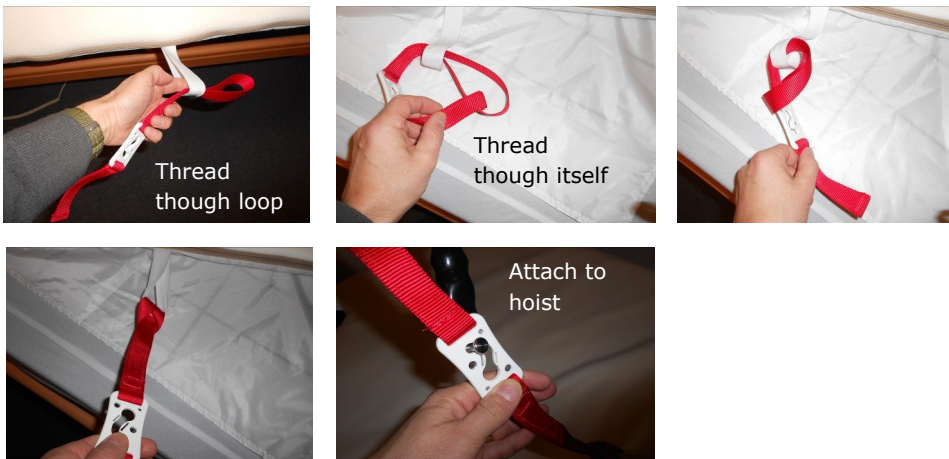
Turning with a Mobile Hoist

Attaching to Hoist



Remove any positioning elements and position client ready for the roll.
 Connect the hoist to the straps as shown above. Leave the brakes OFF.
 If using a hoist which uses clip fixings, such as a Poser hanger bar, use the adaptor straps as shown below and fit by threading through a loop on the Airmantle, then clip to the hanger bar/ hoist & ensure firmly engaged.

Clip fixing adaptor straps



Fitting Symmslyde

Step 2



Airmantle Cover



If the Airmantle Cover has been removed, re-fit by fitting the Airmantle Cover onto the padding. Ensure the slot in the padding is near the head end and the webbing straps are on underside.

Find the short strap and 'D' ring which is fixed up inside the cover. Feed this strap through the slot in the padding, then pull through from the underside. Finish fitting the cover by closing the zip at the foot



Underside shown



Zip together at foot end.

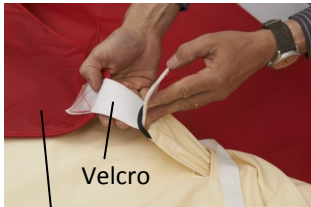
Fitting Symmslyde

Step 3



Retaining Strap (if required)

Ensure the Airmantle is the correct way round. 'Head' label at top, blue markers at foot of bed.



Fix the Retaining Strap to the short strap on the underside of the Airmantle, by threading the Velcro through the D ring and re-fastening.

Retaining strap

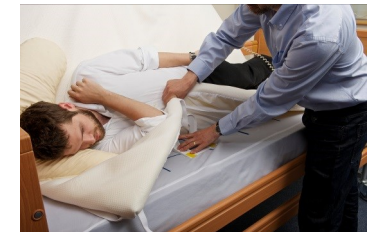
Raise the head end of bed, and position the Airmantle as shown. Thread the fixing strap around a secure location on the bed frame, centrally and ideally near the pivot point.



Turning with a Helper

Remove any positioning brackets.

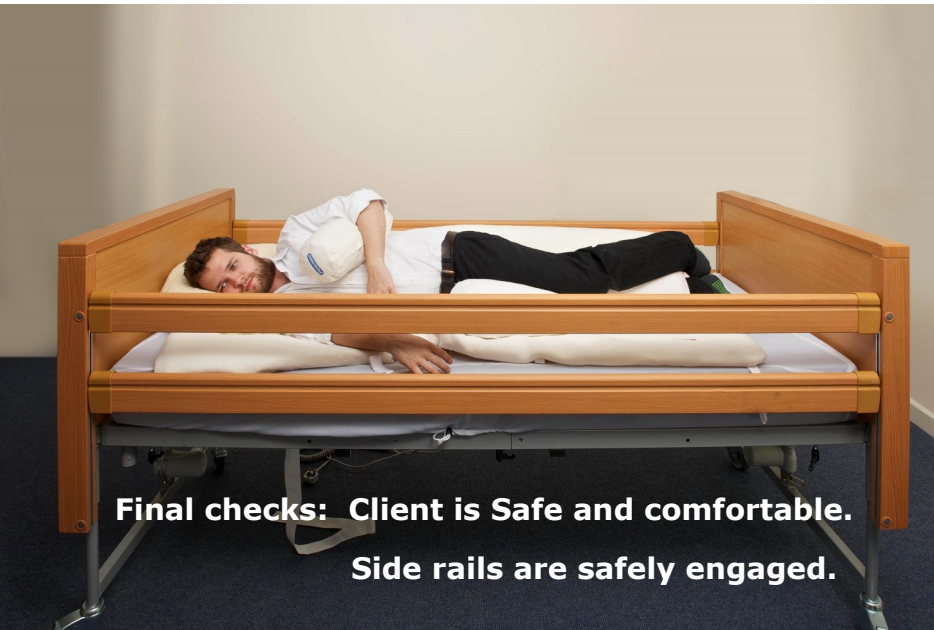
Working with the bed flat, position your client's limbs to facilitate the turn, slide towards you and start the roll using the handles (in line with moving and handling guidelines). Ensure that there is no danger of sliding too far, by using cot sides or a helper at the other side of the bed. Pass the Airmantle top edge to your helper who can complete the roll.



Slide to reposition client in the centre of the bed. When in position, with your helper holding the top of the Airmantle, fit any posterior positioning brackets in the correct position. If you now take the top edge back from your helper, they can fit any anterior brackets. Now you can release the Airmantle, smooth it over the brackets and tuck it in around the edges.



When in position, fit positioning elements and tuck any excess Airmantle over the positioning brackets.



**Final checks: Client is Safe and comfortable.
Side rails are safely engaged.**



Clip together and tighten. Tie off any loose ends to make safe.



Raise and lower the bed several times, checking carefully to ensure the strap does not interfere with the bed mechanism.

Ensure the strap is attached to the section of the bed that raises the mattress, not the frame itself.

If you later find that there is a tendency for the Airmantle to slip down, when the bed head is raised, position the Airmantle further up and re-tighten the strap .

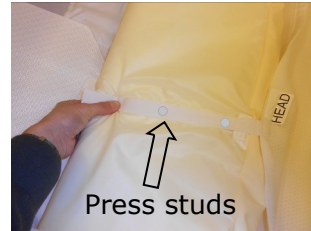
The Airmantle should now be in position.

Next, attach the Top Sheet as shown in Step 4 over the page.

Fitting Symmslyde

Step 4

CoolOver® Top sheet



Lay the CoolOver® Top Sheet onto the Airmantle with the 'HEAD' label at the head end of the bed. Attach all the press studs to the corresponding studs on the underside of the Airmantle Cover.

Zip both sides of the CoolOver® Top Sheet to the sides of the Airmantle.



Working with Symmslyde

Slide Sheet Function

Make sure there are no positioning brackets in place. Working with the bed flat and the user lying on top of the Airmantle, you can now slide the user as required. Simply grip hold of the Airmantle and pull towards you.



Ensure that there is no danger of sliding too far — use cot sides or a helper at the other side of the bed.