

SYMMETRIKIT **SENCILLA**®

User Handbook

*Simple,
Supportive
Seating*



SYMMETRIKIT
POSTURAL CARE

HH a division of The Helping Hand Company



IMPORTANT – PLEASE READ THESE INSTRUCTIONS THROUGH CAREFULLY AND RETAIN FOR FUTURE REFERENCE

THIS CHAIR HAS BEEN DESIGNED TO BE USED IN AREAS SUCH AS NURSING HOMES, CARE HOMES, HOSPITALS AND PRIVATE DWELLINGS.



Max. Safe User Weight 150 kg / 24 stone / 330 lbs



The serial number is located on the bottom, rear frame of the chair, underneath the zipped fabric as shown in image. It is important to reference the serial number during all communication with your local supplier/The Helping Hand Company.

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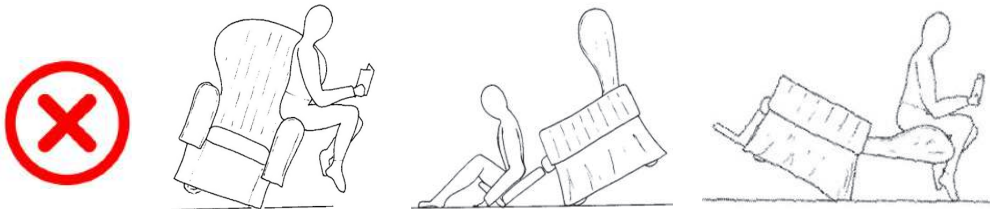
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WARNINGS

INCORRECT USE OF THIS PRODUCT CAN CAUSE ACCIDENTS

- This is an electrical item and should be treated with caution
- Always ensure that there is nothing to obstruct the free movement of this chair, for example children, pets, or solid objects, e.g. a wall
- This chair is not suitable for use by children. Any children in the vicinity must be supervised at all times
- Take care when adjusting positions to avoid trapping or pinching of body parts
- Only the occupant or a responsible person should operate this chair
- Exercise care when lowering into the chair as shock loads can severely damage this chair and its mechanism
- Make sure that all adjustable features are firmly secured before seating an individual
- Apply both brakes if the chair is in a satisfactory, stationary position
- **DO NOT** sit on footrest, or on the arms of this chair



SAFE USE OF YOUR SENCILLA CHAIR

This product should only be operated by a trained, competent person at all times. Please ensure that all Staff and Users are familiar with the following restrictions.

When selecting and issuing a piece of equipment it is the responsibility of the Therapist to carry out a risk analysis on its use. This is particularly pertinent for non-ambulant users who may require assisted transfers.

Positioning requirements may change, therefore, the User should be regularly reassessed to ensure that the SENCILLA Chair is adjusted appropriately. Incorrect adjustment may cause discomfort and lasting problems.

It is recommended that Therapists and Carers complete the following checklist when assessing the appropriate use of this product:

- Is the User's posture acceptable in the SENCILLA Chair?
- Are there concerns about pressure and are they being addressed?
- Is the User considered to be safe in the SENCILLA Chair? A lap strap is recommended at all times.
- Does the User or others around them have any behaviours which would render the product unsafe?
- Is the SENCILLA Chair appropriate for the proposed environment?
- When using the SENCILLA Chair to provide different postures, always check the User's respiratory competence.

GUARANTEE

Your new SENCILLA Chair includes a ONE YEAR upholstery and TWO YEAR mechanical parts guarantee, against defective materials and faulty workmanship from the date of purchase.

This guarantee is valid for fair wear and tear only and not valid in cases of misuse or uses other than those specified in this instruction manual. We do not guarantee fabrics against shrinkage so please pay careful attention to cleaning instructions on page 14. Certain movement patterns and behaviour may accelerate fabric wear, this cannot be covered by guarantee.

Whilst electrical components are carefully chosen for the intended environment (dry/indoor) we cannot guarantee components against damage from liquid ingress. Using the SENCILLA Chair in transit is **NOT** recommended and will invalidate the warranty.

A monthly inspection of the SENCILLA Chair is recommended as well as a full annual service to maintain function and longevity to ensure your chair is operating correctly.

- Servicing – parts can only be changed and repaired by a Helping Hand Trained Service Engineer.
- Castors will only work on very low pile carpet and hard level surfaces.

For more information please contact our Service Department on 01531 634468.



ANY SERIOUS INCIDENT THAT HAS OCCURRED IN RELATION TO THIS CHAIR SHOULD BE REPORTED TO THE MANUFACTURER AND THE COMPETENT AUTHORITY OF THE MEMBER STATE IN WHICH THE USER AND/OR PATIENT IS ESTABLISHED.

The SENCILLA Chair has been tested to:

- BS 7176 2007 + A1 2001 -
Specification For Resistance To Ignition Of Upholstered Furniture Non-Domestic
- BS EN 1728 2012 -
Furniture. Seating. Test Methods For The Determination Of Strength And Durability



DISPOSAL/ END OF USE FOR THE SENCILLA CHAIR

This product must be cleaned and disinfected prior to disposal within the local waste management guidelines.

YOUR NEW CHAIR

- Your SENCILLA chair can be easily adjusted to provide the necessary postural support and pressure care to maximise comfort and relaxation.
- Multi adjustable - easily achieve the correct Seat depth, Seat width, Arm Rest height, Leg Rest height and Back Rest height without having to use tools to ensure the very best Posture, Pressure (Re-)Distribution and Comfort.
 - ✔ Adjustable postural support
 - ✔ Medium / high pressure relief as standard
 - ✔ Tilt in space, recline and leg rest elevation functions as standard
 - ✔ Moving room to room??

SET UP CHECKLIST

Home access

- Access to main entrance (ramp/steps) clear of obstructions/trip hazards for delivery vehicle (Home delivery via two person team as standard)
- External doorway wide enough, minimum doorway width 750mm
- Confirmed access if delivery involves use of lift or carry up in internal stairs

Room setting

- Internal door access width, minimum 750mm
- Adequate space around chair to allow full tilt & recline
- **Each function of chair checked and working**
- **Demonstration on how to use chair**
- **Test function and fit of chair**

YOUR CHAIR IS READY FOR USE NOW YOUR CHAIR HAS BEEN FULLY INSTALLED IN THE CORRECT POSITION, AND YOU, THE USER HAVE READ AND UNDERSTOOD THESE OPERATING INSTRUCTIONS.

FEATURES



Optional height adjustable, padded headrest, giving stability to the head and neck

Lumbar support built in to backrest

Lap strap offering extra security

Finger form and hip bolsters for stability

Height adjustable foot rest

Quick release Gullwing arms to assist with transfer and easy sling fitting

2 x D rings for harnessing

100mm castors as standard with easy locking brakes at the rear



The SENCILLA chair is available in *three* variants:

- **Full Power** (duplex powered for recline, tilt in space and leg rest) with remote and battery back-up if mains power fails
- **Dual Power** (powered tilt in space and leg rest, with a manual gas strut for recline) with remote and battery back-up if mains power fails
- **Manual** (all gas struts) with various hand levers

Dimensions...

Backrest height - *Standard* (690mm) ***Tall*** (840mm)

Seat Depth range - (380 - 525mm)

Seat Width range - (455 - 535mm)

Knee To Footplate Height - (370 - 500mm)

Arm Height range - (195 - 240mm)

Tilt in Space Range - 0° - 20°

Backrest Recline Angle Range - 0° - 20°

Legrest Angle Range - 20° - +45°

Footplate Angle Range - 180°

Maximum User Weight - 160kg



Options available

- Power Variants:

Full power / Dual power / Manual

- Seat cushions:

Standard / AIRZONE / GEL2 / Base kit

- Fabric:

Cuero - *The modern alternative to Vinyl. Soft, vapour permeable waterproof PU, flexible and breathable but tough. Cuero is very easy to keep clean and comes in a range of colours (as shown above).*

Infection Control - *Available in Blue/Blue or Black/Grey*

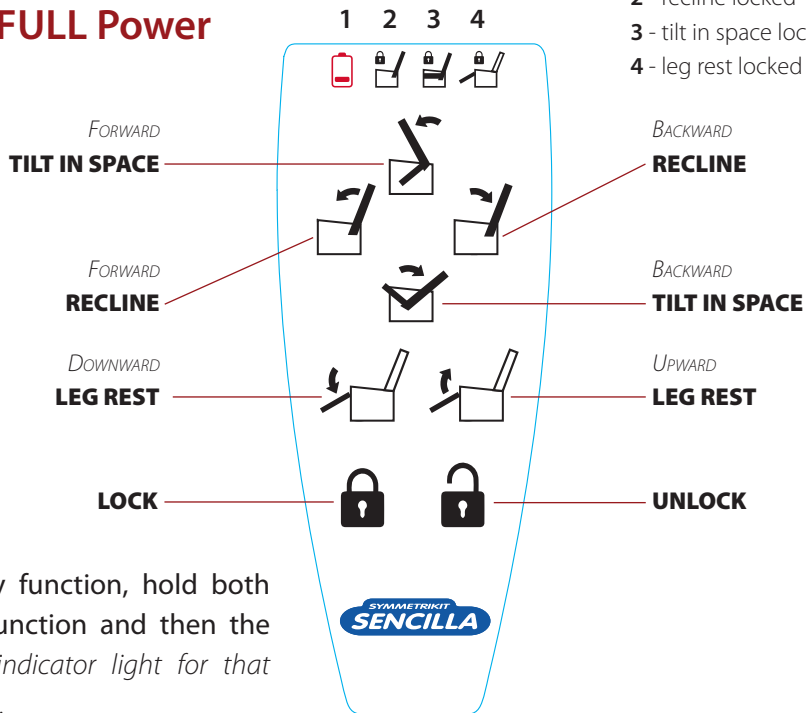
- Optional

Headrest

Anti Tamper Device for the levers on Dual Powered and Manual chairs.

GETTING TO KNOW THE FULL & DUAL HANDSET

FULL Power

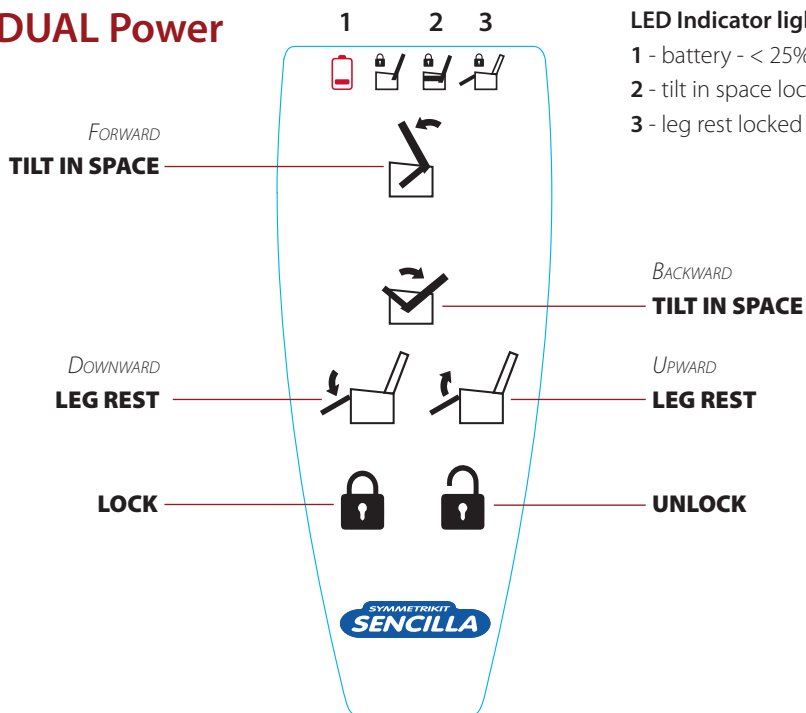


- LED Indicator lights**
- 1 - battery - < 25% charge
 - 2 - recline locked
 - 3 - tilt in space locked
 - 4 - leg rest locked

NOTE: To lock any function, hold both buttons for that function and then the lock button (the indicator light for that function will turn on).

To unlock any function, hold both buttons for that function and then the unlock button (the indicator light for that function will turn off).

DUAL Power



- LED Indicator lights**
- 1 - battery - < 25% charge
 - 2 - tilt in space locked
 - 3 - leg rest locked

GETTING TO KNOW YOUR CHAIR

Tilt in space



Full Power - press   on the remote

Dual Power - press   on the remote



Manual - pull left lever
shown as 

Back recline



Full Power - press   on the remote

Dual power - pull right hand
lever shown as 



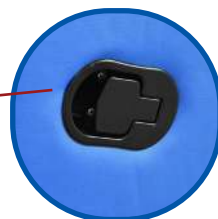
Manual - pull right hand lever
shown as 

Leg Rest



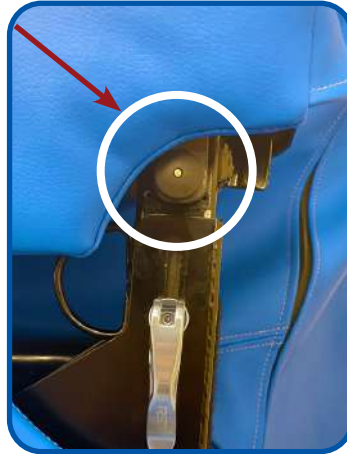
Full Power - press   on the remote

Dual Power - press   on the remote



Manual - use lever located
on the left handside of the
manual chair

Gull wing arms

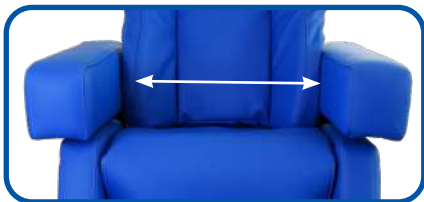
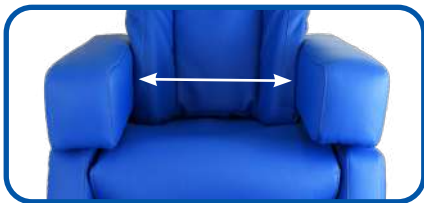


Located towards the back of each arm on the outside - as shown, is a small release knob that needs to be pulled out whilst lifting the arm up.

Reverse this action to lower each arm back in to its place.

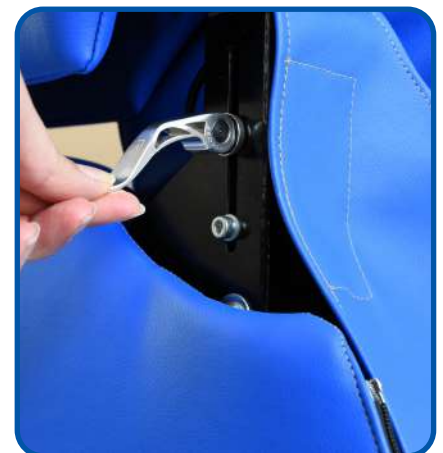
Arm width adjustment (from 455 - 537mm)

Following on from the instructions above to lift the arms, underneath - unscrew the thumb wheels as shown below - and move the arms to desired position/width before re-tightening. Lower the arm back down gently.



Arm height adjustment (from 195 - 240mm)

Located towards the back of each arm on the inside - as shown below - is a small release clamp that needs to be pulled up whilst lifting the arm up in order to adjust the height and then re-clamp to hold the position.



Seat depth adjustment - forward



Remove the lower, rear zipped cover to reveal the adjustment lever and handle on back of seat pad. Gently pull the lever upwards and at the same time **PUSH** the cushion handle/pad away from you to correct/desired position.

Seat depth adjustment - backward



Remove the lower, rear zipped cover to reveal the adjustment lever and handle on back of seat pad. Gently pull lever upwards and at the same time **PULL** the cushion handle/pad towards you into correct/desired position.

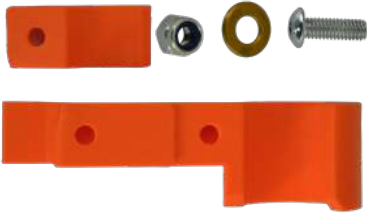
Foot rest/foot plate



The foot rest is height adjustable from 370-504mm. To locate the height adjustable screws at the rear of the foot rest - the chair should be positioned in full tilt for ease of access. Position the foot plate at desired height then re-tighten both screws to hold into place.

Anti-tamper devices for levers (tilt & recline)

What's in the box:



You Will Need:

- 2.5mm Allen Key
- Stanley Knife
- Tape measure

Fitting



1. Measure and cut 25mm off the foam handle cover from top end of handle.

2. There should be a clear 25mm gap for the anti tamper device to slot into.



3. Clip on the larger part of anti tamper device.

4. Screw the two parts together with the screw, nut and washer using the Allen key - **be careful not to lose the nut or washer.**



5. When anti tamper device is lowered and resting on lever - it is **LOCKED**.

6. When anti tamper device is raised up from lever - it is **UNLOCKED** and the levers are free to be adjusted.

LOOKING AFTER YOUR CHAIR

- Cuero upholstery should be wiped down using a damp, clean cloth with a solution of mild detergent and lukewarm water
- If the upholstery is exposed to direct sunlight for long periods of time it will likely fade, where possible use blinds/curtains for protection
- The frame of the chair can also be cleaned with a damp cloth and mild detergent if required.
- Your new Sencilla Chair is ***not to be used outdoors!***

To arrange a Service on your SENCILLA Chair, please contact us...

Tel: **01531 634468**

www.Symmetrikit.com/service

service@Symmetrikit.com

**SYMMETRIKIT Postural Care
Bromyard Road
Ledbury
Herefordshire
HR8 1NS**

FREQUENTLY ASKED QUESTIONS

- What if I have a problem with my chair?

*In the highly unlikely event of a problem, **please contact us on 01535 635388***

- How do I keep my chair in tip top condition?

*We recommend an annual inspection to check for wear and tear, and test mechanical integrity. For further details please contact our **Service team on 01531 634468** - remember to have your serial number handy (location can be found on page 2).*

- How do I go about obtaining new upholstery?

We reserve the right to withdraw colours or materials from the range but will always endeavour to find the closest match available. Please have the serial number of the chair to hand when you call.

- How will you use my personal details?

Your details are stored on a secure database and are protected by the Data Protection Act 1984. We only store your details to cover your guarantees etc, we never pass your details to third parties. Credit or debit card details are never stored and online card payment details are processed by a regulated merchant service to protect you.

SYMMETRIKIT SENCILLA®



Please get in touch with us to find out more...

Tel: **01531 635388**

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